

BEAUTY THERAPIES

Waxing

Full leg and bikini	£26
Full leg	£20
Half leg	£15
Bikini	£10
Under arm	£8
Lip	£5
Chin	£5
Chest / Back	from £20

Eyes

Eyelash tint, eyebrow tint and shape	£25
Eyelash tint	£12
Eyebrow tint	£8
Eyebrow shape/wax	£8

Tanning

Sienna X Spray Tanning	£24
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Purifying back treatment

"A facial for the back" A deep cleansing of the back including exfoliation and any necessary blackhead extractions followed by a stress relieving massage.

(40 mins) £28

GIFT VOUCHERS

Available for that special gift.

CANCELLATION POLICY

We understand things happen, therefore if you are unable to attend an appointment please let us know as soon as possible so we can rearrange your appointment. 100% of your treatment cost will be charged for missed appointments.

PAYMENT

We accept cash, cheque and card payments.

SPECIAL OFFERS

Look out for our monthly special offer deals.

RETAIL

Dermologica skincare products and Sienna X tanning products are available to buy.

BEAUTY & HOLISTIC THERAPIES

at

mKwellbeing.

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HOLISTIC THERAPIES

Body Massage

Full body massage (60 mins)	£40
Back, neck and shoulders (45 mins)	£30
Back, neck and shoulders (30 mins)	£25

Hot Stone Therapy

A wonderfully relaxing massage. The heat of the basalt stones penetrates deep into the muscle tissue, easing tension and revitalizing the muscle tissue by increasing blood circulation.

Full body (70 mins)	£48
Back, neck and shoulders (30 mins)	£28

Eastern Bamboo Massage

An ancient deep tissue massage using canes to work out tension and muscular dysfunction to deliver a therapeutic and relaxing massage.

Full body (70 mins)	£48
Back, neck and shoulders (30 mins)	£28

Hot Stone and Bamboo Fusion Massage

This is the ultimate relaxing and deep tissue experience, using hot stones to warm and relax the body and bamboo to penetrate deeper into the muscles to release tension. A favourite at MK Healthhub.

Full body (70 mins)	£48
Back, neck and shoulders (30 mins)	£28

Indian Head Massage

Based on Ayurveda techniques, Indian Head Massage involves working on the upper back, shoulders, neck, scalp and face using massage oils which promotes deep muscle relaxation and alleviates stress.

(30 mins)	£25
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De-Stress Massage

Working on the back, feet and lower legs, head and face, this massage alleviates stress and melts away tension.

(40 mins)	£28
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Pregnancy Massage

This is a real treat for all stages of pregnancy and has been carefully designed to suit all of your individual needs.

Full body (60 mins)	£45
Back, neck and shoulders (30 mins)	£28

Reflexology

Reflexology can help to relieve a wide range of conditions including pain, stress, allergies, anxiety, migraines, digestive disorders and menopausal problems.

(60 mins)	£35
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Hopi Ear Candles

An ancient natural therapy which is particularly effective for sinusitis, headaches and migraines, hay fever, excessive or compacted wax and rhinitis.

(40 mins)	£25
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DERMALOGICA SKIN TREATMENTS

One treatment: different every time

Your face tells its own unique story and a great skin treatment should be personalised just for you. Sixty minutes in the hands of our expert skin therapist who will not only personalise a skin treatment just for you but will also calm your mind and soothe your body in a world of relaxation. Professional double cleansing, exfoliation, face mapping skin analysis, massage, treatment serums, a galvanic treatment, masques, hot towels ..it's all on the agenda. We recommend Dermalogica homecare for unsurpassed results.

£44

Professional Expert Strength Treatments

Bio Surface Peel

The Biosurface Peel is a powerful skin resurfacing system which leaves the skin looking incredibly fresh and healthy while feeling smooth and calm. No downtime, just amazing skin. Galvanic and LED technology simply boosts results to another level, targeting lines, reducing brown spots and healing breakouts. This is the treatment for people who have more serious concerns regarding ageing, breakouts and hydration and want to see results fast.

A course of 3-6 treatments are recommended for maximum results.

1 treatment	£60
Course of 3	£170
Course of 6	£340

Ion Active Power Treatment

The Ion Active Power treatment is a professional expert strength treatment that combines the most advanced cosmeceutical ingredients, thermal activity and the latest treatment room technology including galvanic micro current and LED technology for more visible results on challenging skin concerns including: ageing, dehydration, pigmentation and acne.

This is the ideal treatment for clients who seek rapid results in minimum time.

A course of 3-6 treatments are recommended for maximum results.

1 treatment	£60
Course of 3	£170
Course of 6	£340

Dermalogica Teen Facial

It's time to hit breakouts where it hurts! This is a customised facial using our Clear Start range which includes a double cleanse, full skin analysis, exfoliation, extractions, a mask and blue LED to kill the p.acne bacteria which causes acne.

(30 mins)	£24
(60 mins)	£44